

| Symbol | Description                    | Qty | Cost Basis | Avg Price | Price*     | Total G/L    | Gains/Loss | Market Value | Port % |
|--------|--------------------------------|-----|------------|-----------|------------|--------------|------------|--------------|--------|
| AAPL   | Apple Inc                      | 16  | \$1,756.67 | \$109.79  | \$192.49   | \$1,323.17   | 75.3%      | \$3,079.84   | 9.31%  |
| ABBV   | Abbvie Inc                     | 1   | \$107.15   | \$107.15  | \$155.01   | \$47.86      | 44.7%      | \$155.01     | 0.47%  |
| AMGN   | Amgen Inc                      | 1   | \$244.59   | \$244.59  | \$288.01   | \$43.42      | 17.8%      | \$288.01     | 0.87%  |
| AVGO   | Broadcom Inc                   | 2   | \$819.63   | \$409.82  | \$1,116.55 | \$1,413.47   | 172.5%     | \$2,233.10   | 6.75%  |
| AXP    | American Express Company       | 7   | \$880.18   | \$125.74  | \$187.39   | \$431.55     | 49.0%      | \$1,311.73   | 3.96%  |
| BA     | Boeing Co                      | 1   | \$178.10   | \$178.10  | \$260.73   | \$82.63      | 46.4%      | \$260.73     | 0.79%  |
| BAC    | Bank Of America Corp           | 31  | \$1,003.16 | \$32.36   | \$33.66    | \$40.30      | 4.0%       | \$1,043.46   | 3.15%  |
| BK     | Bank New York Mellon Corp      | 5   | \$212.46   | \$42.49   | \$52.04    | \$47.74      | 22.5%      | \$260.20     | 0.79%  |
| BNDX   | Vanguard Total International   | 3   | \$153.42   | \$51.14   | \$49.37    | (\$5.31)     | -3.5%      | \$148.11     | 0.45%  |
| BNS    | Bank Of Nova Scotia            | 5   | \$217.55   | \$43.51   | \$48.69    | \$25.90      | 11.9%      | \$243.45     | 0.74%  |
| CCI    | Crown Castle Inc               | 4   | \$551.01   | \$137.75  | \$115.26   | (\$89.97)    | -16.3%     | \$461.04     | 1.39%  |
| CMI    | Cummins Inc                    | 1   | \$213.51   | \$213.51  | \$239.77   | \$26.26      | 12.3%      | \$239.77     | 0.72%  |
| CNP    | Centerpoint Energy Inc         | 29  | \$615.63   | \$21.23   | \$28.56    | \$212.61     | 34.5%      | \$828.24     | 2.50%  |
| COST   | Costco Wholesale Corp-New      | 3   | \$1,110.10 | \$370.03  | \$660.42   | \$871.16     | 78.5%      | \$1,981.26   | 5.99%  |
| CSCO   | Cisco Systems Inc              | 1   | \$48.90    | \$48.90   | \$50.53    | \$1.63       | 3.3%       | \$50.53      | 0.15%  |
| CVX    | Chevron Corporation            | 1   | \$90.35    | \$90.35   | \$149.14   | \$58.79      | 65.1%      | \$149.14     | 0.45%  |
| D      | Dominion Energy Inc            | 3   | \$150.12   | \$75.06   | \$46.99    | (\$9.15)     | -6.1%      | \$140.97     | 0.43%  |
| DIN    | Dine Brands Global Inc         | 2   | \$196.50   | \$65.50   | \$49.65    | (\$97.20)    | -49.5%     | \$99.30      | 0.30%  |
| DUK    | Duke Energy Corporation        | 2   | \$173.65   | \$86.83   | \$97.09    | \$20.53      | 11.8%      | \$194.18     | 0.59%  |
| EFC    | Ellington Financial Inc        | 55  | \$997.15   | \$18.13   | \$12.71    | (\$298.10)   | -29.9%     | \$699.05     | 2.11%  |
| EMN    | Eastman Chemical Co            | 1   | \$73.12    | \$73.12   | \$89.86    | \$16.74      | 22.9%      | \$89.86      | 0.27%  |
| ENB    | Enbridge Inc                   | 4   | \$131.48   | \$32.87   | \$36.06    | \$12.76      | 9.7%       | \$144.24     | 0.44%  |
| FLO    | Flowers Foods Inc              | 5   | \$122.50   | \$24.50   | \$22.50    | (\$10.00)    | -8.2%      | \$112.50     | 0.34%  |
| GIS    | General Mills Inc              | 9   | \$560.67   | \$62.30   | \$65.13    | \$25.50      | 4.5%       | \$586.17     | 1.77%  |
| GSK    | Gsk Plc                        | 5   | \$176.50   | \$35.30   | \$37.06    | \$8.80       | 5.0%       | \$185.30     | 0.56%  |
| HD     | Home Depot Inc                 | 1   | \$285.86   | \$285.86  | \$346.55   | \$60.69      | 21.2%      | \$346.55     | 1.05%  |
| JNJ    | Johnson & Johnson              | 1   | \$148.90   | \$148.90  | \$156.81   | \$7.91       | 5.3%       | \$156.81     | 0.47%  |
| JPM    | Jpmorgan Chase & Co            | 7   | \$960.61   | \$137.23  | \$170.24   | \$231.07     | 24.1%      | \$1,191.68   | 3.60%  |
| KEY    | Keycorp New                    | 15  | \$184.62   | \$12.31   | \$14.40    | \$31.38      | 17.0%      | \$216.00     | 0.65%  |
| KHC    | Kraft Heinz Company (the)      | 8   | \$271.01   | \$33.88   | \$36.99    | \$24.91      | 9.2%       | \$295.92     | 0.89%  |
| KMI    | Kinder Morgan Inc              | 7   | \$94.09    | \$13.44   | \$17.64    | \$29.39      | 31.2%      | \$123.48     | 0.37%  |
| KO     | Coca Cola Company              | 15  | \$742.38   | \$49.49   | \$58.92    | \$141.42     | 19.0%      | \$883.80     | 2.67%  |
| LMT    | Lockheed Martin Corp           | 1   | \$391.51   | \$391.51  | \$453.48   | \$61.97      | 15.8%      | \$453.48     | 1.37%  |
| LTC    | Ltc Properties Inc             | 10  | \$375.16   | \$37.52   | \$32.15    | (\$53.66)    | -14.3%     | \$321.50     | 0.97%  |
| LYB    | Lyondellbasell Industries      | 1   | \$69.01    | \$69.01   | \$95.08    | \$26.07      | 37.8%      | \$95.08      | 0.29%  |
| MDLZ   | Mondelez International Inc     | 4   | \$232.78   | \$58.20   | \$72.44    | \$56.98      | 24.5%      | \$289.76     | 0.88%  |
| MDT    | Medtronic Plc                  | 3   | \$323.10   | \$107.70  | \$82.40    | (\$75.90)    | -23.5%     | \$247.20     | 0.75%  |
| MRK    | Merck & Co Inc                 | 2   | \$171.20   | \$85.60   | \$109.01   | \$46.82      | 27.3%      | \$218.02     | 0.66%  |
| MSFT   | Microsoft Corp                 | 1   | \$227.10   | \$227.10  | \$375.90   | \$148.80     | 65.5%      | \$375.90     | 1.14%  |
| NEE    | Nextera Energy Inc             | 7   | \$525.64   | \$75.09   | \$60.74    | (\$100.46)   | -19.1%     | \$425.18     | 1.28%  |
| NLY    | Annaly Capital Management Inc  | 32  | \$802.72   | \$25.09   | \$19.38    | (\$182.56)   | -22.7%     | \$620.16     | 1.87%  |
| NNN    | Nnn Reit Inc                   | 12  | \$478.32   | \$39.86   | \$43.10    | \$38.88      | 8.1%       | \$517.20     | 1.56%  |
| NYMT   | New York Mortgage Trust Inc    | 100 | \$2,499.32 | \$24.99   | \$8.53     | (\$1,646.32) | -65.9%     | \$853.00     | 2.58%  |
| O      | Realty Income Corp             | 7   | \$454.90   | \$64.99   | \$57.42    | (\$52.96)    | -11.6%     | \$401.94     | 1.21%  |
| OHI    | Omega Healthcare Investors Inc | 24  | \$718.26   | \$29.93   | \$30.67    | \$17.82      | 2.5%       | \$736.08     | 2.22%  |
| OKE    | Oneok Inc                      | 5   | \$233.40   | \$46.68   | \$70.20    | \$117.60     | 50.4%      | \$351.00     | 1.06%  |
| PFE    | Pfizer Inc                     | 4   | \$138.81   | \$34.70   | \$28.79    | (\$23.65)    | -17.0%     | \$115.16     | 0.35%  |

|      |                             |    |            |          |          |            |        |            |       |
|------|-----------------------------|----|------------|----------|----------|------------|--------|------------|-------|
| PM   | Philip Morris International | 7  | \$546.90   | \$78.13  | \$94.10  | \$111.80   | 20.4%  | \$658.70   | 1.99% |
| PPL  | Ppl Corporation             | 15 | \$421.98   | \$28.13  | \$27.10  | (\$15.48)  | -3.7%  | \$406.50   | 1.23% |
| PSX  | Phillips 66                 | 3  | \$188.10   | \$62.70  | \$113.10 | \$151.20   | 80.4%  | \$339.30   | 1.03% |
| QSR  | Restaurant Brands           | 2  | \$127.64   | \$63.82  | \$78.12  | \$28.60    | 22.4%  | \$156.24   | 0.47% |
| RITM | Rithm Capital Corp          | 46 | \$404.03   | \$8.78   | \$10.68  | \$87.25    | 21.6%  | \$491.28   | 1.48% |
| RY   | Royal Bank Of Canada        | 3  | \$246.00   | \$82.00  | \$101.15 | \$57.45    | 23.4%  | \$303.45   | 0.92% |
| SIRI | Sirius Xm Holdings Inc      | 6  | \$36.70    | \$6.12   | \$5.49   | (\$3.76)   | -10.2% | \$32.94    | 0.10% |
| SO   | Southern Co                 | 15 | \$910.64   | \$60.71  | \$70.14  | \$141.46   | 15.5%  | \$1,052.10 | 3.18% |
| STAG | Stag Industrial Inc         | 4  | \$144.70   | \$36.18  | \$39.27  | \$12.38    | 8.6%   | \$157.08   | 0.47% |
| SU   | Suncor Energy Inc           | 15 | \$232.55   | \$15.50  | \$32.04  | \$248.05   | 106.7% | \$480.60   | 1.45% |
| T    | At&t Inc                    | 39 | \$1,132.37 | \$29.04  | \$16.81  | (\$476.78) | -42.1% | \$655.59   | 1.98% |
| TD   | Toronto-Dominion Bank       | 3  | \$180.44   | \$60.15  | \$64.62  | (\$1.43)   | -0.8%  | \$193.86   | 0.59% |
| TROW | Price T Rowe Group Inc      | 3  | \$410.85   | \$136.95 | \$107.71 | (\$87.72)  | -21.4% | \$323.13   | 0.98% |
| TRV  | The Travelers Companies Inc | 2  | \$280.74   | \$140.37 | \$190.63 | \$100.52   | 35.8%  | \$381.26   | 1.15% |
| UNH  | Unitedhealth Group Inc      | 3  | \$973.53   | \$324.51 | \$526.93 | \$607.26   | 62.4%  | \$1,580.79 | 4.78% |
| USB  | Us Bancorp Del              | 16 | \$613.58   | \$38.35  | \$43.28  | \$78.90    | 12.9%  | \$692.48   | 2.09% |
| V    | Visa Inc                    | 3  | \$609.44   | \$203.15 | \$260.42 | \$171.82   | 28.2%  | \$781.26   | 2.36% |
| WRK  | Westrock Company            | 3  | \$116.79   | \$38.93  | \$41.50  | \$7.71     | 6.6%   | \$124.50   | 0.38% |

|                            |                    |
|----------------------------|--------------------|
| <b>Total Securities</b>    | <b>\$33,090.94</b> |
| <b>Cash On Hand</b>        | <b>\$42.94</b>     |
| <b>Total Account Value</b> | <b>\$33,133.88</b> |